

## **NEW BYRON KATIE BOOK PROVIDES LEARNING TOOLS FOR**

### **"THE WORK"**

**"Anyone with an open mind can end their suffering."**

**– Byron Katie**

#### **Areas of Focus:**

- Self-help
- Health & Wellness
- Mental Health
- Sex/Gender
- Money/Prosperity
- Spirituality
- Politics
- Racial/Ethnic
- Abuse/Victimization
- Work/Career

**WHEN:** **Wednesday, April 22, 2009, 6:30 – 8:30 pm**  
**Thursday, April 23, 2009, 9:00 am – 4:30 pm**  
**Register now at [www.unityoflouisville.org/katie/](http://www.unityoflouisville.org/katie/)**

**WHO:** **BYRON KATIE ("KATIE")**  
- International best-selling author, teacher, spiritual leader, and founder of "The Work"  
- Bestselling author of *Loving What Is*, *I Need Your Love – Is That True?*, and *A Thousand Names for Joy*

**WHAT:** **Her New Book is *Who Would You Be Without Your Story?: Dialogues with Byron Katie***  
- Fifteen edited dialogues of Katie doing "The Work" with people across the U.S. and Europe  
- Clear presentations of "The Work" process  
- Learning tools to help readers do "The Work" themselves  
- Profound examples of the beauty, humanity, and humor that are our true nature.

**WHY:**

- Everyone wants to clear their mind and end their suffering
- "The Work" is the *how-to* process to accomplish this
- To navigate the great changes now occurring in the world, it's important for each of us to find inner peace and stability

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**REGISTER:** <http://www.unityoflouisville.org/katie/>