Why A Prayer Chaplain Program?

Unity believes that we are spiritual beings having a human experience. There are times that we get stuck in that experience and lose sight of our spiritual connection. The purpose of the Prayer Chaplain Program is to create space for the congregants to reconnect with Spirit and affirm the good in every situation.

The Invitation

The Prayer Chaplain Program is looking for members of the Unity of Louisville community who are or aspire to be:

- Compassionate
- Versed in Unity Principles
- Can keep confidentiality
- Grounded
- Authentic
- Lives with integrity
- Committed to self-care and growth
- Respect boundaries

No previous Prayer Chaplain experience is necessary - you do not need to "know how to pray."

If Spirit is calling you to step forward, we would love to have you join!

What is the time commitment?

After the training, Prayer Chaplains commit to 12 months of service, from June to May. Each month Prayer Chaplains serve during at least one Sunday Service, call/text/email their membership list to offer prayer support, and attend a monthly ongoing training session. Prayer Chaplains should expect 5 service hours per month.



2023 Prayer Chaplain Training

Prayer Chaplain Info Session (RECOMMENDED)

Sunday, May 21st 12:15 - 1:15 PM This will be a great opportunity to ask questions and get to know the existing Prayer Chaplains.

Chaplain Training Weekend (REQUIRED)

Friday, June 9th 6:30 - 8:00 PM Saturday, June 10th 10:00 - 2:00 PM

Prayer Chaplain Program

In everything we do, Prayer Chaplains are trained to do four things:

- Hold sacred space
- Listen with ears of their hearts
- Pray out loud
- Hold what has been said in strict confidence

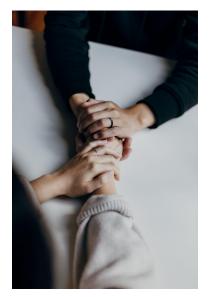




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What do Prayer Chaplains do?

The most important thing that Prayer Chaplains do is hold a consciousness of prayer for our community.



Sunday Service

At each Sunday Service as well as memorial and other special services throughout the year, Prayer Chaplains arrive early and hold the sacredness of the space. They are available before and after the service for personal, confidential prayer.

Wellness Check-ins

Members of Unity of Louisville may request a Prayer Chaplain. Based on the preference of the member, Prayer Chaplains will either call, text, or email monthly to offer prayer support.

What else do Prayer Chaplains do?

There are many other ways the Prayer Chaplain Program serves. Optional roles are:

- Assist in monthly ongoing training
- Prayer over the prayer requests
- Connect congregants with others so needs can be met (prayer shawls, cards, visits, etc.)
- Visit with an ill or hospitalized congregnant
- Participate in World Day of Prayer
- Participate at Memorial or other special services

What if I've never done anything like this before?

No prior experience in prayer or praying with others is required to serve as a Prayer Chaplain, just a willingness to deepen your spiritual path through prayer and service. The training is designed to give you the skills, confidence, and support needed to make this commitment comfortably.

You must be an active church member who has completed or is scheduled to complete Membership Class.

How does a Prayer Chaplain differ from a Chaplain in a hospital or care facility?

Unlike hospital chaplains, Prayer Chaplains are not ordained and are not trained to counsel people. Prayer Chaplains are trained to do four things: hold sacred space, listen, pray, and hold what is said in confidence. Prayer Chaplains are trained as a lay resource to help meet the pastoral care needs within our church community.



Who do I contact for more information?

If you would like to find out more, feel free to call or text Kimberly Bencker at 502-889-5753 or email at <u>kimberly.bencker@gmail.com</u>. If you call and go to voicemail, please leave your name so she knows what the call is about and can promptly return the call.